

## February 2023 Edition

### What's inside?

- Looking ahead
- Forthcoming Birthdays
- Dates to remember
- Quiz

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Welcome to February's edition of our newsletter.

Here at South Moor Lodge, we produce a Newsletter each month so you can keep up to date with activities and events that have occurred during the previous month and what is to look forward to this month. We hope that you will find this Newsletter informative. So take a copy, grab a chair and cup of tea and have a read through Newsletter. We hope you enjoy...

### Special dates

Tue 31<sup>st</sup> January Gabrielle on keyboard 2pm..postponed to end of February

Donna Bell..vocalist here to entertain us 14<sup>th</sup> February 11.00am

St. Valentines Afternoon Tea 2pm

### Hairdresser visits

30<sup>th</sup> Jan

6<sup>th</sup> Feb

13<sup>th</sup> Feb

20<sup>th</sup> feb

27<sup>th</sup> Feb

Chiropodist

17<sup>th</sup> Feb



Birthdays in February

Joyce P 12<sup>th</sup>

Shirley S 23<sup>rd</sup>

Judy B 25<sup>th</sup>

Hello Residents, Families and Friends, Well January, the longest month in the year, so it seems is nearly over, and I'm sure we have all noticed that the days are becoming gradually longer, and we can all look forward to Spring, and see the Snowdrops pushing up through the earth.

January was a little challenging for us here at South Moor Lodge and unfortunately we had to cancel our Winter Afternoon Tea event, however as I'm sure you have already seen it has now been rescheduled for St. Valentines Day on 14<sup>th</sup> February at 2pm. We will be serving Tea/coffee and home made cakes. So please do come along and join us if you can. We will be charging £5 for this and all proceeds will be going into the residents funds. If you are able to come can you please let us know through our Facebook Messenger page or alternatively when you call in, let one of our Team know. There will also be a raffle on the day, so if you have anything you wish to donate for this please do pop it in. Our lovely residents will be enjoying a visit from an Entertainer in the morning before the Afternoon Tea, so it will be a really enjoyable day.

We are really looking forward to Spring now.....so watch this space as we will be having a lovely surprise for our residents and families near Easter time..no clues as yet..maybe nearer the time☺...we are all very excited.

Our Hairdresser will be each week during February and also our Chiropodist on 17<sup>th</sup>, so just a polite reminder to keep your loved ones funds topped up for these visits.

Our Facebook Messenger page is available if you need to send us a message, and all messages will be answered within 48 hours during the business hours of 9 – 5.30pm



## QUIZ

1. Classic Movie: Lawrence of .....
2. Name the famous fountain in Rome
3. Who is the Patron Saint of charitable causes?
4. What do 2 violins, a viola, and a cello make?
5. Paper folding art?
6. How many ABBA members are female?
7. What is used to hit the ball in the game of Polo?
8. What is Australia's national gemstone?
9. Ascorbic acid is better known as which vitamin?
10. Which Emperor is said to have fiddled while Rome burned?
11. What is the Capital of Mexico?
12. Which mythical animal arises from the ashes of its predecessor?
13. What does a person with Coeliac disease need to avoid in their diet?
14. What is a female bear called?
15. Tchaikovsky which ballet?
16. A tall tree native to New Zealand
17. Matador's Cry?
18. In which part of the body would you find the cruciate ligament?
19. What was the Turkish city of Istanbul called before 1930?
20. From what grain is the Japanese spirit Sake made?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 Hairdresser and Pamper Day	31 Residents Meeting 10.30am  Gabrielle on Keyboard 2pm	1  Arts and Crafts	2  Nail Pampering  Weekly Quiz	3  Armchair exercise to music  Lora's paperwork and planning	4  Carer led	5  Carer led
6 Hairdresser And Pamper day	7 Lora's paperwork and planning Weekly quiz	8 Church Service	9 Armchair exercise to music  National Pizza Day	10 Arts and Crafts	11 Carer led	12 Carer led
13 Hairdresser and Pamper Day	14 Entertainer 11am St Valentine's Day Afternoon Tea 2pm	15 Baking Day	16 Singalong to old favourites	17 Chiropodist visit	18 Carer led	19 Carer led
20 Hairdresser and Pamper Day	21 Shrove Tuesday Competition... who can flip the pancake the highest	22 Board Games	23 Weekly Quiz	24 Arts and crafts	25 Carer led	26 Carer led
27 Hairdresser and Pamper Day	28 Armchair exercise to music					



## January

