

South Moor Lodge Monthly Newsletter



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January 2021 Edition

What's inside?

- Looking ahead
- Forthcoming Birthdays
- Quiz

Welcome to January Edition Of our Newsletter!

Here at South Moor Lodge, we produce a Newsletter each month so you can keep up to date with activities and events that have occurred during the previous month and what is to look forward to this month.

We hope that you will find this Newsletter informative.

So take a copy, grab a chair and cup of tea and have a read through Newsletter!
We hope you enjoy...

A note from the manager

Another year over and I'm sure we are all looking forward to seeing the back of 2020 for so many reasons. Like every year I thank my team for their support and hard work... today I would like to tell you all about my amazing team the challenges they have been up against getting up every day and coming into work still holding smiles on their faces and keeping warmth in their hearts for all our beautiful residents. For each and every one of my staff members I would like to thank you for the support, dedication and hard work. This year has been very hard for everyone we have had so many mixed emotions and worked really well as a Team ... you are all very amazing people and I'm so proud of each and every one of you. My heart goes out to the loved ones we have had to say goodbye too ❤️🙏 I pray 2021 will bring some light to what feels like a very long tunnel.... Lisa (Manager)

Birthdays in January

We have 3 birthdays this month
Olga w 4th
Robert A 6th
Patrick D 7th

Hello Residents, Families and Friends!

As we said goodbye to 2020 our thoughts were not far from the residents that have passed away, we thought of them with great fondness and raised a glass to celebrate their lives.

2020 has been a very trying time for all. I think we can all agree that all the staff at south moor lodge should be proud of their selves, not only did they manage the first wave of the pandemic within the home and come out victorious but when the second wave hit they showed the same dedication and determination to keep the residents safe. All staff coming together as one big team again.

Christmas was another example of the commitment of the staff; each and every staff member did all they could to make it special during this difficult time. From head of housekeeping making the table decorations to our maintenance man joined in with the Christmas festivities by dressing up as the Grinch!!

One of our care staff (Emily) and her family they decided to use their Christmas money to buy each resident gifts and treats to make their Christmas special.

Even the wider community thought of our residents as we headed into Christmas,

Gainsborough and Retford garden center, Misterton chippy , the Gringley and Clayworth community and the parents and teachers of Gringley on the hill school, the 18th Gainsborough beavers and cubs all the school children from different schools who took their time to send each resident individual letters. Giggles nursery for their video and cards/ picture they sent, thank you .

To the families who sent video's for our residents to enjoy and Christmas presents for the staff, thank you. To Arthur Mason who once again donated the Christmas tree and light for outside, thank you. □

I hope I haven't missed anyone but everyone has been very much appreciated.

We are looking forward to 2021 and staying positive that this will be a better year for all and that families will once again be able to visit their loved ones.

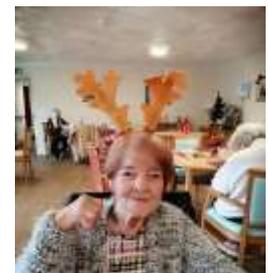
It's Quiz Time...

- 1. What is the name of the Greek dip consisting of yoghurt and cucumber?
- 2. In Indian cooking, what is a Tandoori?
- 3. What is a mocha?
- 4. In the UK we know it as sweetcorn, but what cereal grain is it a variety of?
- 5. Enchiladas originated in which country?
- 6. In French cooking, what does 'en Croute' mean?
- 7. What are the two main ingredients in a bellini cocktail?
- 8. The beer brand 'Old Speckled Hen' was acquired by which brewery in 2000?
- 9. Which fast food company used the advertising slogan "I'm Lovin' it"?
- 10. What is unusual about the tomato based soup known as Gazpacho?
- 11. Which type of animal is a Barramundi?
- 12. Which of the following geological eras came first: Mesozoic, Paleozoic or Cenozoic?
- 13. Which animals' name means river horse?
- 14. What is a common name for Nitrous Oxide?
- 15. What is the scientific name for the kneecap?
- 16. What is the name of the tube connects the kidney to the bladder?
- 17. Which flower is meant to symbolise beauty?
- 18. How many eggs does the average chicken lay per year?
- 19. How is the pharmaceutical product 'acetylsalicylic acid' better known?
- 20. Is rainwater slightly acid or slightly alkaline?
- 21. What body of water separates Saudia Arabia from Africa?
- 22. Catalonia is a region of what country?
- 23. What is the largest island is the Caribbean Sea?
- 24. What are the five boroughs of New York City?
- 25. Which country has the longest coastline in the world?
- 26. In what mountain range is Mount Everest located?
- 27. In which English county is the town of Stevenage?
- 28. Sofia is the capital of which country?

Looking back at December and 2020



Every day
may not be
good
but there is
something
good
in every day.



We hope you have enjoyed our Monthly Newsletter.
Please do let us know of anything you wish to see included within this Newsletter and we will do
our best to incorporate your ideas.
Have a great month – you know where we are if you need us!